

5 QUALITIES OF GOOD RESEARCH MENTORS

“A mentor is a person who has achieved career success and counsels and guides another for the purpose of helping him or her achieve like success.”¹



RESPECTFUL

Demonstrates respect for all laboratory members, which reduces fear and unhealthy competitiveness.



SUPPORTIVE

Supports mentees by acknowledging accomplishments and challenging mentees to develop skills that advance their careers.



AVAILABLE

Establishes open and responsive communication with mentees, which promotes research integrity and discourages questionable research practices.



PREPARED

Anticipates the needs of mentees and is prepared to provide assistance and guidance.



HONEST

Sets high standards for honest reporting of data, regardless of whether the data supports the desired outcome.



Respondents in **over 50%** of ORI's findings of research misconduct are **postdocs, students, technicians, and research assistants.**²

Why is mentorship important?

Good mentorship improves the quality and integrity of scientific research.

Citations:

¹ <https://oir.nih.gov/sourcebook/mentoring-training/guide-training-mentoring>

² From 2006 to 2015. See Page 8: https://ori.hhs.gov/images/ddblock/march_vol24_no1.pdf



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